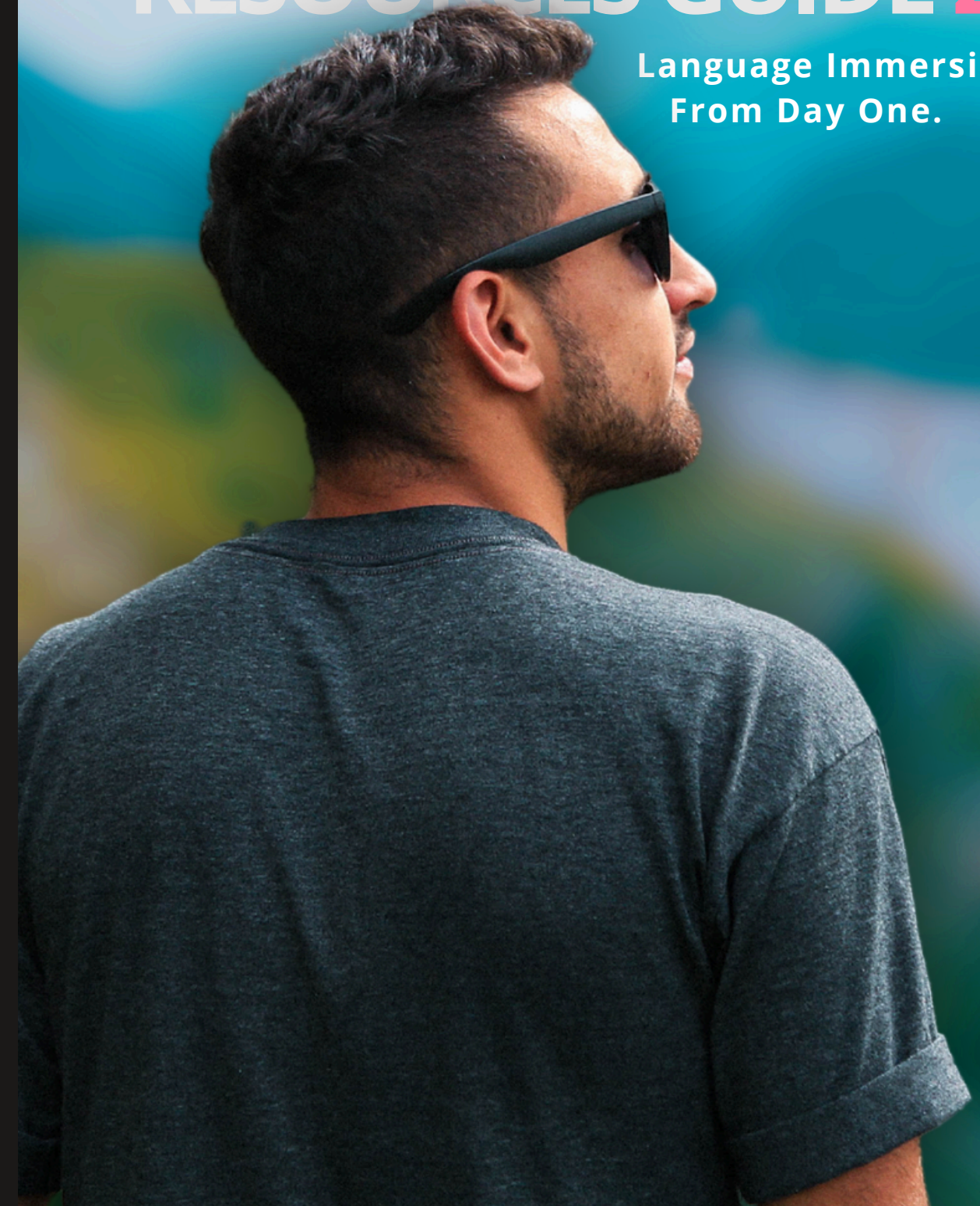


ENGLISH  
TIME·LIVE

# WELCOME AND RESOURCES GUIDE 2024

Language Immersion.  
From Day One.



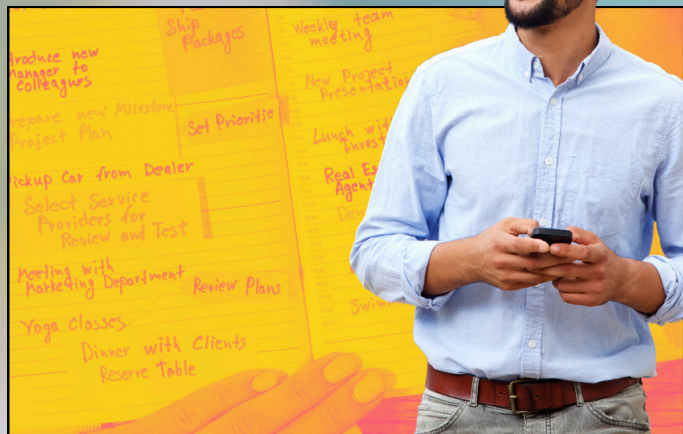
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# Welcome and Resources Guide 2024

Congratulations on making the decision to improve your English in 2024 with courses at EnglishTime.Live. This guide provides practical tools to help you plan and achieve your progression in English independently, complementing your formal English classes.

## P3



### Free Weekly Practice Planner

Calculate your approximate required guided learning hours and plan your practice properly for success.

## P5



### Reading Resources

Easy-to-read books, news, magazines and other publications

## P16



### Listening Resources

Music, TV, Podcasts, Radio and more.

## P20



### Speaking and Writing Resources

Meet other learners for exchanges, tools to improve your writing, and chat for free.

To take full advantage of this guide and classes, you'll need: a pen and notepad, a mobile device with QR scanning capabilities, and some earphones.

### Don't have a QR scanner app?

No problem. Load [scanapp.org](https://scanapp.org) from your browser.

Access your course material at [Englishtime.live/learner](https://Englishtime.live/learner)

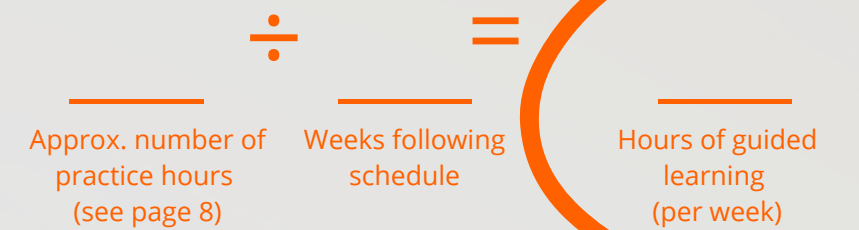


# Integrate English Practice into Your Weekly Schedule.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
00:00							
01:00							
02:00							
03:00							
04:00							
05:00							
06:00							
07:00							
08:00							
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16:00							
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18:00							
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22:00							
23:00							

## Let's visualise how you will reach your objectives in English in 2024.

If your objective is to move on the CEFR scale, first estimate how many hours of guided learning per week you will need to move up.



### Task 1: Add your classes to the schedule

**Group Classes.** 1hr/week = approx. 30 hours practice /year, 1.5 = ~45.  
**Private Classes.** Got a specific objective or want additional classes?

Talk to Adam about the possibility of sharing the costs of private classes with another student, or using your CPF (Separate pricing system applies).

### Task 2: Add more practice during the week.

You're more likely to do regular practice when activities are "effortless" and fun, and when they integrate into your daily routine. Consider this:

- Could you listen to a podcast for 20 minutes each day to and from work? That's an extra 3 hours of practice per week!
- Could you read an article for 10 minutes while you're waiting for food to arrive? Revise for other classes in English?
- Could you stream the football in English this evening, or watch TV with English subtitles instead of none?

Once decided, select the right resources to target areas to improve, and at the right level.

### Study tip #1: Make a language buddy

English should be social! Prioritise meetings in real life. Plan a time to meet up with your classmates outside of class to reinforce your class learning!

### Study tip #2: Adapt your environment and complete your everyday tasks in English.

Here are some ideas: switch your phone and GPS to English, play video games and chat with players on English servers. Label items around the home or office with Post-it notes. Browse online shopping in English. Subscribe to English newsletters and follow English content creators on social media, YouTube and Twitch for a daily dose of English content.





# Get The Tea Ready And Read Books Adapted To Your Reading Level!

As English learners, choosing materials that match your level is essential. Reading texts that are too difficult will be frustrating and demotivating.

EnglishTime.Live offers **over 50 titles specially adapted** for varying ability levels -- content created for teenagers and adults. Start with materials comfortably in line with your current proficiency level, gradually progressing to more complex texts as your skills improve.

Books can be **borrowed for FREE** for upto **14 days**.



## A1 | Elementary Titles



## A1+/A2 | Elementary / Pre-Intermediate Titles



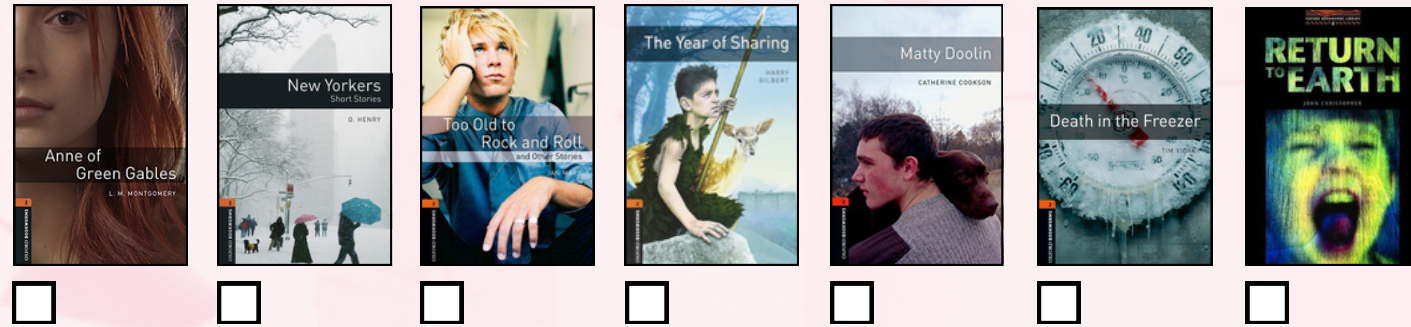
## Pro-Tip: Get Translations with Google Lens

Scan your texts with Google Lens for an automatic side-by-side translation of the text you're reading for better comprehension, and generate audio for the original text.

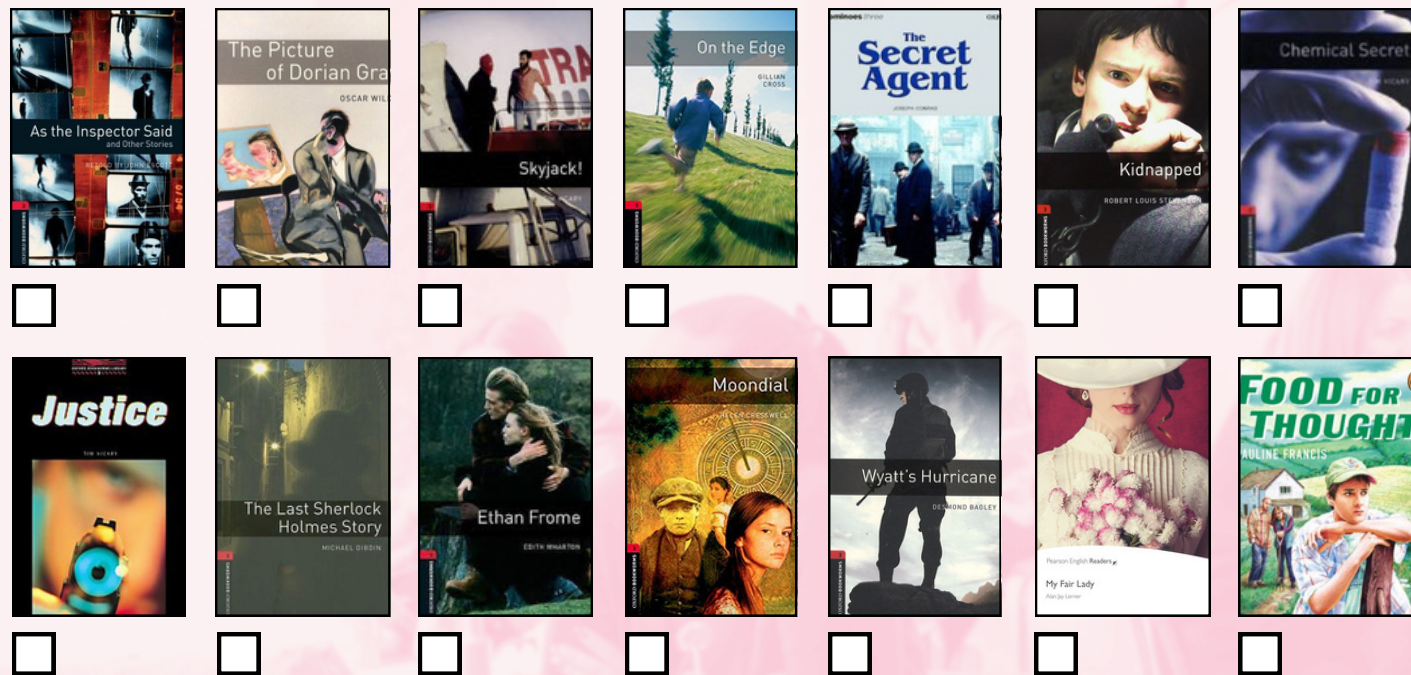




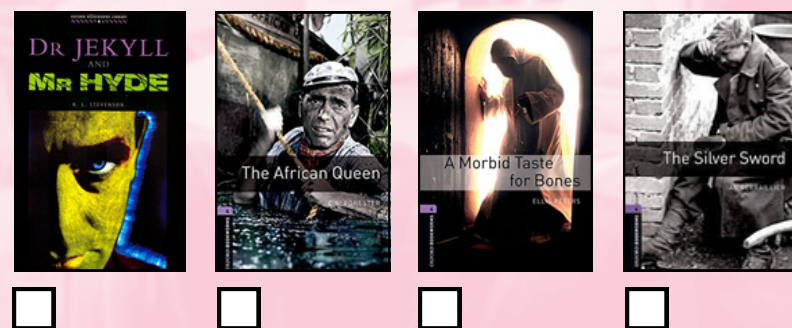
**A2 | Pre-Intermediate Titles**



**A2+ / B1 | Pre-Intermediate / Intermediate Titles**



**B1 | Intermediate Titles**



**B1+ / B2 | Upper-Intermediate Titles**



## How Many Hours Of Practice To Progress on the CEFR Scale?

Cambridge suggests around 200 guided learning hours to progress on the CEFR scale, but individual progress varies due to factors like age -- adults make progress more easily! -- first-language influence, training intensity, motivation, and access to resources.

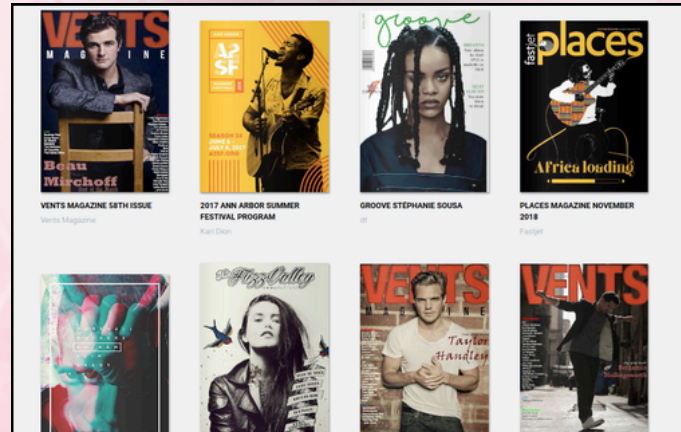
The table below provides an estimate of guided learning hours required for a typical motivated student.

	A1	A2	B1	B2	C1	C2
From Zero	90 - 100	190 - 250	350 - 490	530 - 750	730 - 1050	1030 - 1450
Jump A Level	90 - 100	100 - 150	160 - 240	180 - 260	200 - 300	300 - 400

\* Guided learning hours refer to lessons and hours of supervised study, e.g. in-class training hours with a teacher + reading, watching series, etc. at home.

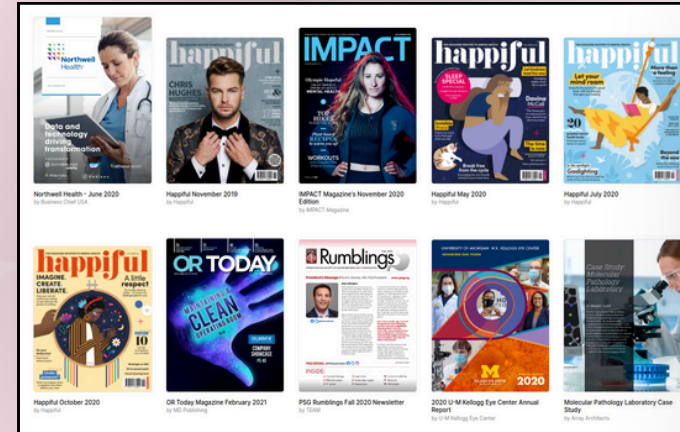


# Browse Through Free Online Publications



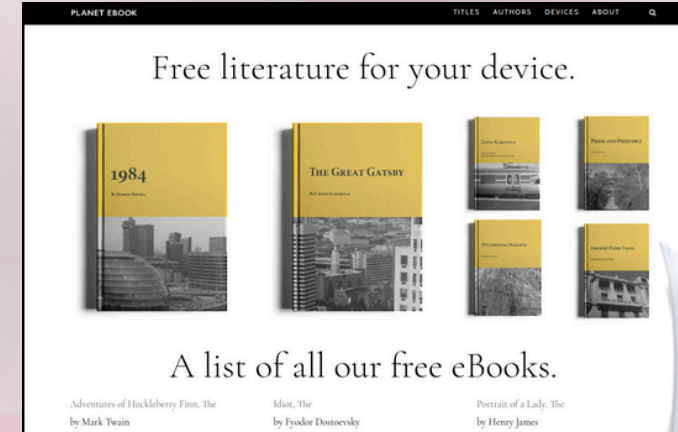
## en.Calameo.com

**B1+** | Online platform to browse various digital publications, including magazines, catalogues, brochures and more.



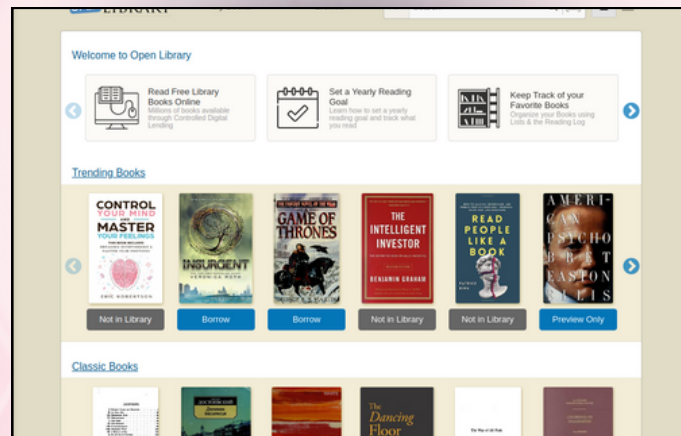
## Issuu.com/categories

**B1+** | Another digital platform offering access to digital publications including magazines, catalogues, etc.



## PlanetEbook.com

**B2+** | Platform providing free access to classic literature in the public domain in multiple formats.



## OpenLibrary.org

**A2+** | Digital copies of books are available through Controlled Digital Lending. Books may be borrowed by one user at a time from anywhere in the world.



## Dictionaries and Other Reference Resources

**WordReference.com** | Online dictionary with French <> English translations, definitions, and examples of language in context.

**OxfordLearnersDictionaries.com** | Online monolingual English dictionary designed for learners with simple definitions and examples.

**Thesaurus.com** | Find synonyms and antonyms of words to improve your vocabulary.

**iate.europa.eu** | Search for translations of technical vocabulary in the European Union Terminology Bank.

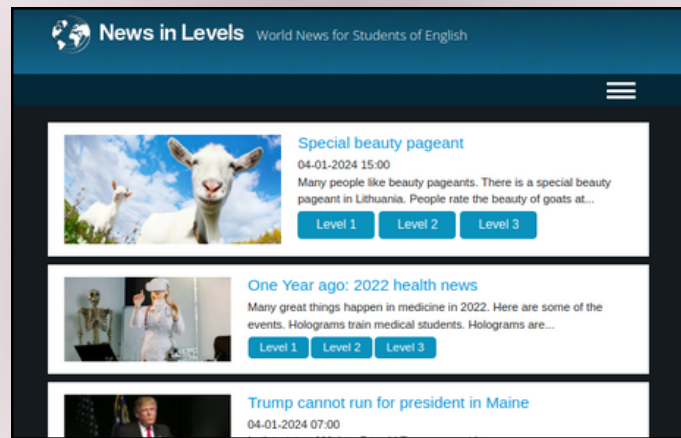
**Grammarly Grammar Checker** | When activated, have your grammar and spelling checked with AI as you write emails and across the web. Download from [chromewebstore.google.com](https://chromewebstore.google.com)



# Got 5 minutes? Read Some Adapted News Stories

Quite a few websites now offer easy-to-read news stories, adapted for English learners at multiple levels, for free.

Start at a comfortable level, understand the basic ideas, then increase the difficulty! Too easy? Read from authentic and trusted sources like NPR, The BBC, The Guardian, The Independent, or The Economist.



**NewsInLevels.com**  
A2+ | New articles published most weekdays at three difficulty levels.



**BreakingNewsEnglish.com**  
A2+ | Articles published in 7 levels every Monday and Thursday, along with comprehension and conversation activities.



**BBC English in the News**  
B1 ARCHIVED | News stories in easy-to-understand English. Last updated July 2021.



## Interested in conversation classes on topics you're reading about?

Take private one-hour sessions dedicated to you discussing and presenting the topics you've been reading about. Boost confidence, gain fluency, reinforce new vocabulary, improve presenting skills, get corrections, or simply maintain your English through regular, fun discussions focused on topics *you choose* in English.

**Private class costs can be shared between multiple participants. Talk to Adam for more information.**

## Listen to your online texts with the Speechify Chrome Extension

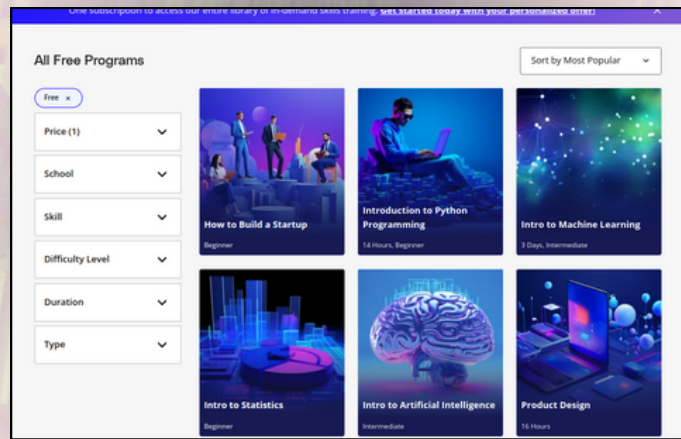
The Speechify Chrome extension can read any online text with powerful, human-like voices for FREE. Listen back to texts you've read, and use it reinforce new vocabulary and check pronunciation.

**Search "Speechify Text to Speech Voice Reader" in the Chrome Web Store: [chromewebstore.google.com](https://chromewebstore.google.com)**



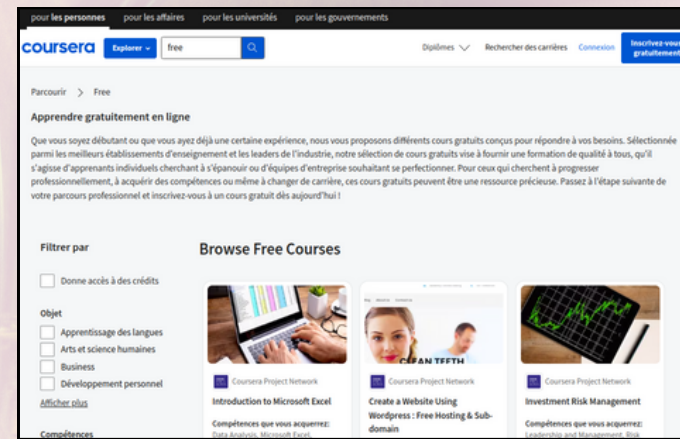


# Learn New Skills or Subjects THROUGH English. Enroll On Free Online Courses



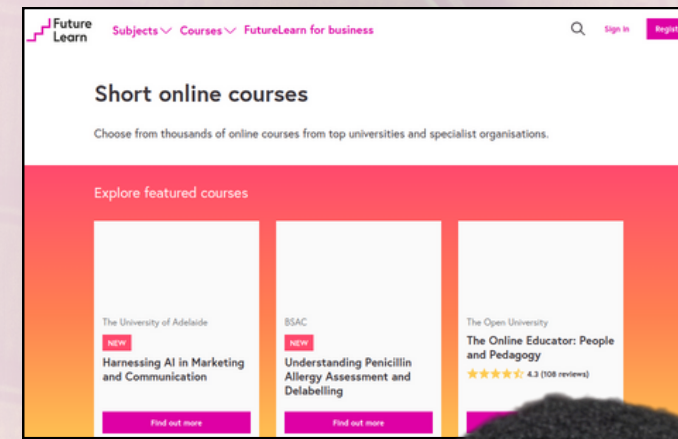
## Udacity Free Programs

Platform offering free programs in many subjects with multiple entry levels, including artificial intelligence and data science.



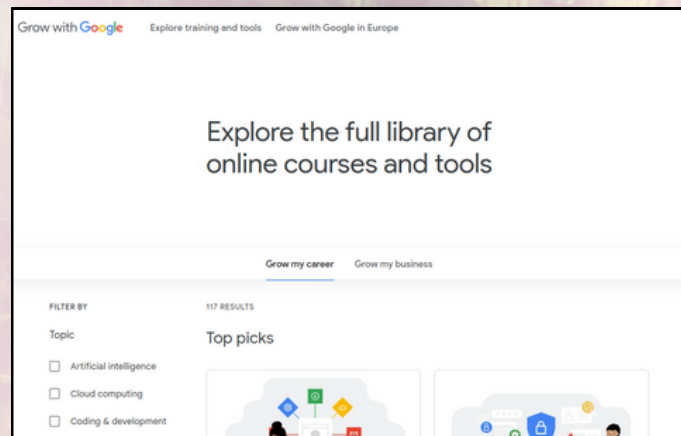
## Coursera Free Online Courses

Platform offering free courses from top universities and institutions around the globe. For a certificate you pay; otherwise, it's free.



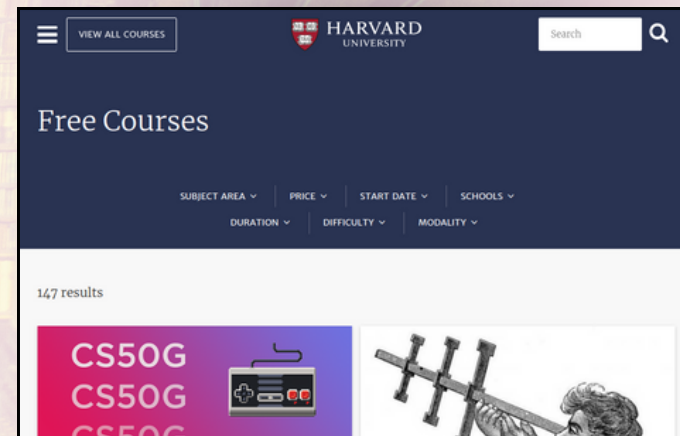
## FutureLearn Short Online Courses

Platform hosting courses mainly by UK Higher Education institutions. Course materials are free with limited access and no certificate.



## Grow With Google

Free E-learning platform with short courses designed to develop your professional skills or grow your business with Google products.



## Harvard University Free Courses

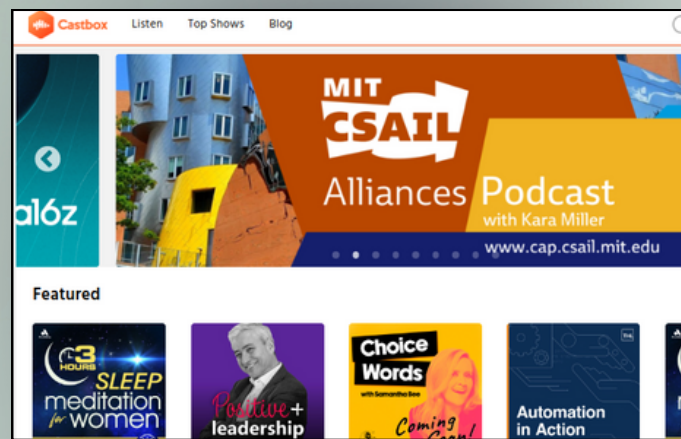
Harvard University offers short online courses spanning a range of topics, from computer science to literature, on the edX platform.





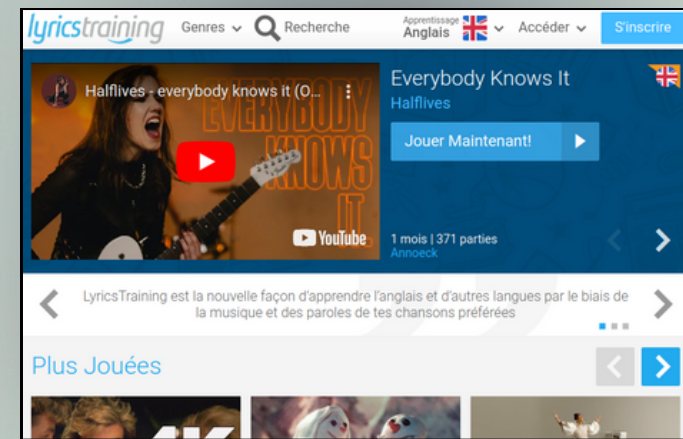
# Improve Your Listening through Music And Podcasts

While jogging or travelling to work on the bus or by car, listening to podcasts or music (and singing along!) is a great way to learn English. You can listen anywhere, and pause or go back! You are sure to find content at your level that interests you!



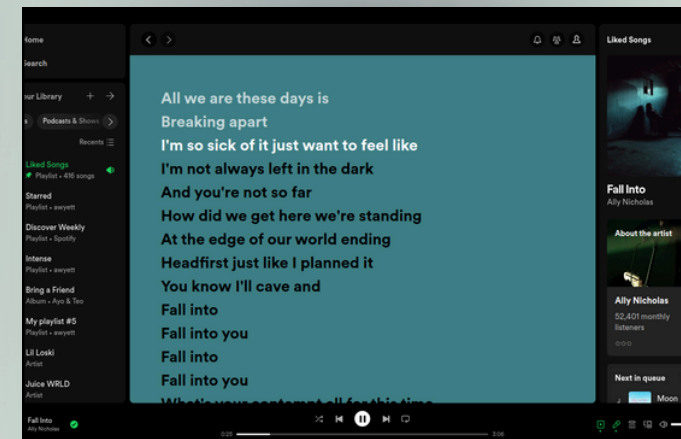
## Castbox.fm

Popular podcast platform and app to discover, listen to and download a wide range of content, including politics, education, entertainment, etc.



## LyricsTraining.com/en

Train your ears' capacity to recognise the English sounds, improving your listening and vocabulary while watching music videos and playing missing words games.



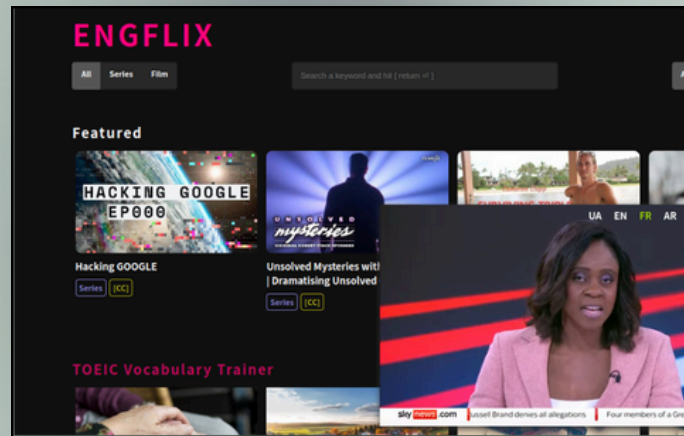
## Spotify App

Discover popular music in English speaking countries you enjoy listening to, so you listen again and again and pick up the language. Enter karaoke mode to sing along..





# Watch And Listen to TV and Live Radio



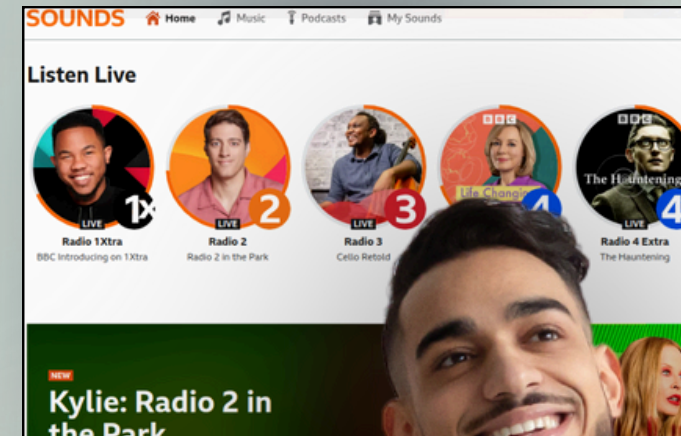
### ENGLIX.eu

A curated library of subtitled movies and series from YouTube. Subtitles are clickable for quick translations.



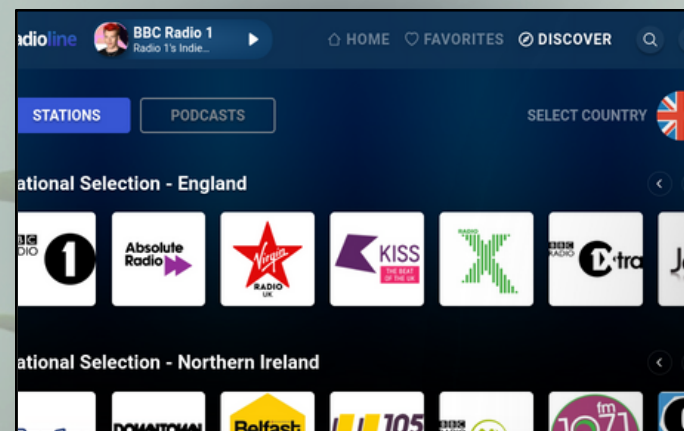
### Global Player.com

The largest commercial radio company in the UK and Europe. Listen to Global's radio stations live, as well as podcasts.



### BBC Sounds

Radio streaming platform from the BBC with extensive catalogue of over 60,000 stations and podcasts.



### RadioLine.co

Another online radio streaming platform with a diverse selection of radio stations and podcasts from around the world.



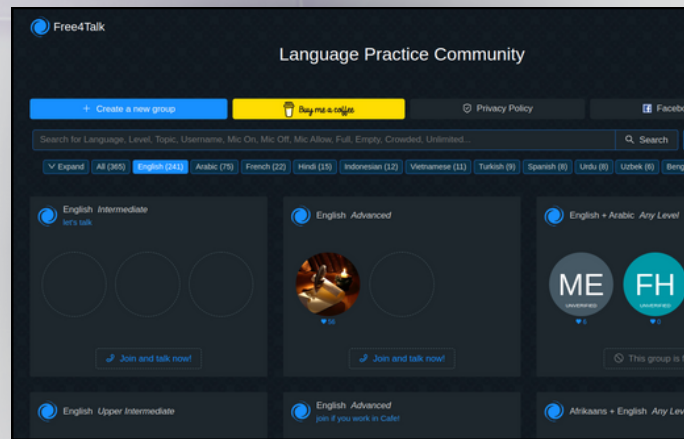
### Watch From the Series DVD Collection

Series box sets in DVD format are available at 70 rue Bergson to take home and watch freely.

Ask Adam to borrow a DVD or contribute to the collection.

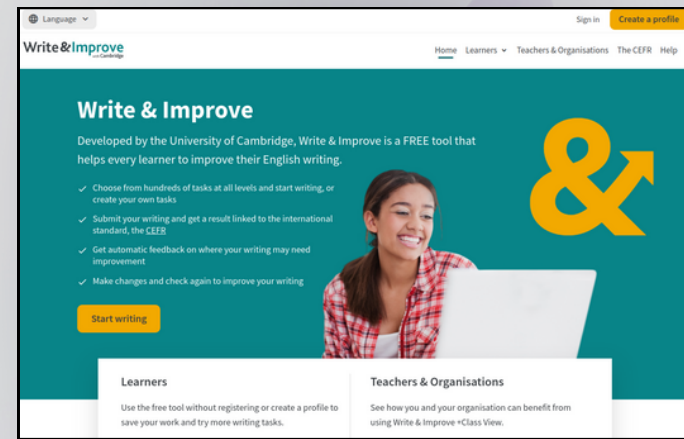


# Websites and Applications to Practise Speaking & Writing



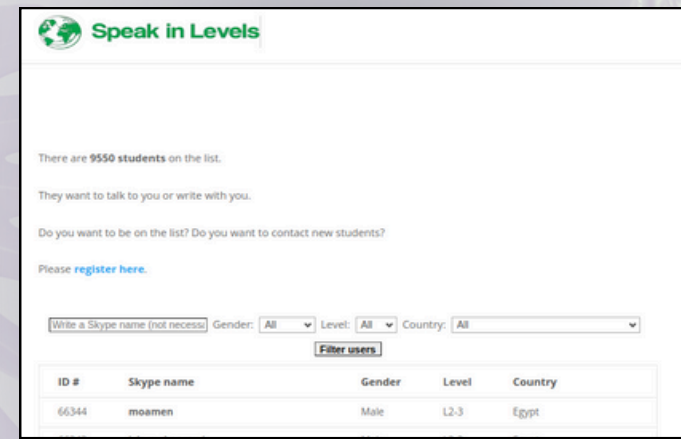
## Speaking | Free4Talk.com

Instantly participate in live group video or voice chats with other language learners, organised by language, level and topic.



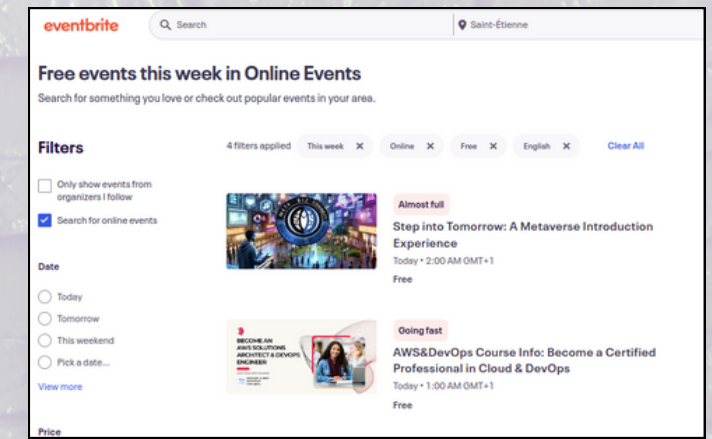
## Writing | Write and Improve

Free tool by Cambridge offering instant feedback on writing tasks for error correction and improvement on the CEFR scale.



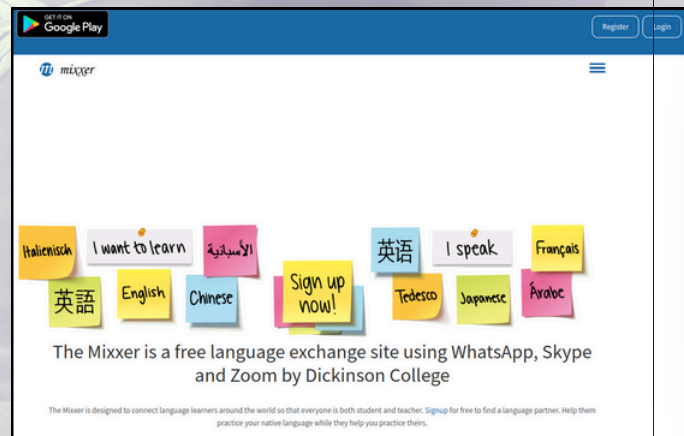
## Speaking | SpeakInLevels.com/ list-of-students

Directory of learner SkypeIDs. Filter by gender, level and country. Add and start practising.



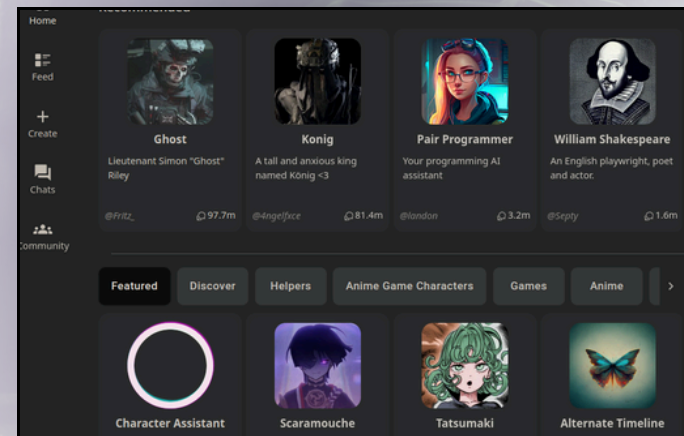
## Speaking | EventBrite Free Online Events

Join live sports or cooking classes, attend video conferences and participate in workshops or discussions after presentations.



## Speaking | Language-Exchanges.org

Find native English speakers learning your language to connect and practice via Zoom, Skype or Whatsapp.



## Writing | Character.ai

AI 'Instant Messaging' platform to practise conversing on any topic with chatbot personas based on real or fictional characters.



## Pro-tip: Get Writing Practice Through Social Media

Comment in active Facebook and Whatsapp groups, in Reddit discussions, to news stories on X, and popular videos on YouTube, particularly controversial content. You'll be alerted to read and respond to other users worldwide throughout the day.



